

The
Ho'oponopono

Prayer
&

Cleaning Tools
Handbook

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MORRNAH'S PRAYER

Divine creator, father, mother, son as one...If I, my family, relatives and ancestors have offended you, your family, relatives and ancestors in thoughts, words, deeds and actions from the beginning of our creation to the present, we ask your forgiveness...Let this cleanse, purify, release, cut all the negative memories, blocks, energies and vibrations, and transmute these unwanted energies into pure light....And it is done.



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"I" Am the "I"

"I" come forth from the void into light,
"I" am the breath that nurtures life,
"I" am that emptiness, that hollowness
beyond all consciousness, The "I", the Id,
the All.

"I" draw my bow of rainbows across the waters, the continuum of minds with matters.

"I" am the incoming and outgoing of breath, the invisible, untouchable breeze, the undefinable atom of creation.

"I" am the "I".



The Peace of "I"

Peace be with you, All My Peace, The Peace that is "I", the Peace that is "I am".

The Peace for always, now and forever and ever more.

My Peace "I" give to you, My Peace "I" leave with you, Not the world's Peace, but, only My Peace, The Peace of "I".



Eating strawberries relieves negative data about weight.



Eating pancakes cleans on abuse, and all deaths.



Eating M&M's gives you pure energy.



Eating blueberries helps us move forward in our
spiritual path.



Eating candy canes catches missed opportunities.



Eating coconut brings you closer to the Divine.



Drinking hot chocolate removes the idea of putting money and material things first.



Eating vanilla ice cream works to bring peace to our
life.



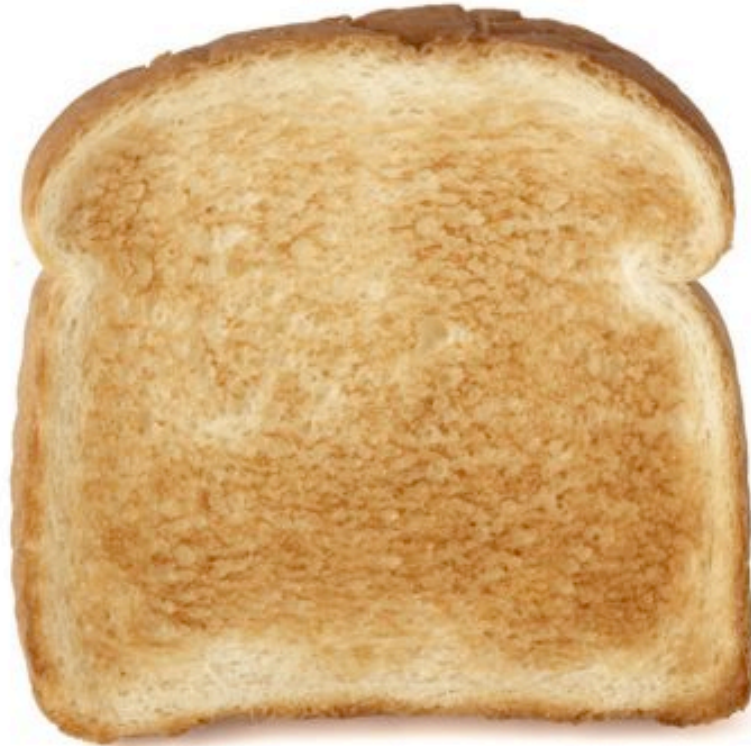
Eating jellybeans puts you in the right place at the right time.



Eating lifesavers helps to save your life.



Eating pretzels represents wheat and the plains. They are also related to the salt flats on earth.



Eating toast cleans toxic data and restores it to pure energy.



Eating bubble gum releases intellectualism.



Please forgive me.

I'm sorry.

Thank you.

I love you.



For more Ho'oponopono cleaning tools,
including music and meditations visit
www.zerolimitsmusic.com



Peace, love, and music,
Mathew Dixon